

ACQLI

Carer's Questionnaire

Please read these instructions first

On the following pages you will find some comments made by carers about their experience of caring and their relationship with the person they care for.

Please read each statement carefully and decide whether it applies to you and your caring situation **at the moment**.

If it **does** apply to you, tick the box marked **True**

If it **does not** apply to you, please tick the box marked **Not True**.

Please read each statement carefully and decide whether it applies to you and your caring situation ***at the moment***

1. I never have time to sit down
- True
- Not True
2. I often get irritable
- True
- Not True
3. Organising shopping is very difficult
- True
- Not True
4. Emotionally it is very draining
- True
- Not True
5. There is no conversation between us
- True
- Not True
6. I have little freedom to do what I want to do
- True
- Not True