



QLDS

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Please think about how you are feeling at the moment. Then look at the statements below. Each statement has two possible answers. Tick the answer that applies to you.

Please make sure you answer every statement.

I just want time to pass

True

Not True

I feel hopeful about the future

Yes

No

I find it hard to hold a conversation

Yes

No

I like to know what is going on in the world

Yes

No

I feel as if my life is wasting away

Yes

No

I feel as if I am not in control of my life

True

Not True

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