

VLUQoL

PLEASE READ THIS CAREFULLY

On the following pages you will find some statements that have been made by people with venous leg ulcers.

We would like you to tick 'True' if the statement applies to you and tick 'Not True' if it does not.

Please choose the response that applies best to you

AT THE MOMENT.

**REMEMBER TO TICK ONLY ONE OF THE ALTERNATIVE RESPONSES
FOR EACH OF THE STATEMENTS.**

1. I find it hard to relax

True

Not True

2. I have little self-confidence

True

Not True

3. I feel useless

True

Not True

4. I feel I look older than my years

True

Not True

5. I dislike people seeing my legs

True

Not True

6. I take it out on people close to me

True

Not True

7. I am embarrassed about my legs

True

Not True

8. Everything is an effort

True

Not True

9. I am easily irritated

True

Not True