THE HOIQ

The following questions are intended to find out how your current herpes outbreak is affecting you TODAY.

Please tick one box only for each question.

Thinking about today: has your outbreak		Not at all	A little	A lot	Very much
1	affected your interest in leisure activities?				
2	made walking uncomfortable for you?				
3	interfered with your normal toileting behaviour?				
4	made everyday journeys uncomfortable for you?				