Herpes Symptom Checklist

Thinking about today.... Look down this list and, for each problem, please put a tick in the box according to whether: You have not had this problem (**none**), you have had this problem in a **moderate** form, you have had this problem and it was **severe**.

Have you had any of the following associated with your outbreak today?

		None	Mild	Moderate	Severe
1	Tingling				
2	Burning				
3	Pain		0		
4	Aching				
5	Itching				
6	Tenderness		0		
7	Pain on passing urine				
8	Pain on passing feces				
9	Discharge (penile or vaginal)				
10	Headache				
11	Tiredness			0	
12	Need to urinate more often			0	
13	Need to defecate more often				
14	Other (please write in)				