

L-QoL

PLEASE READ THIS CAREFULLY

On the following pages you will find some statements that have been made by people with systemic lupus erythematosus.

We would like you to tick '**True**' if the statement applies to you and tick '**Not True**' if it does not.

Please choose the response that applies best to you

AT THE MOMENT

Please read each statement carefully and decide whether it applies to you **at the moment**

1. I just feel tired all the time True
Not True
2. I worry that I hold others back True
Not True
3. I feel older than my years True
Not True
4. I can't enjoy myself when I go out True
Not True
5. My life revolves around my medication True
Not True
6. I find it difficult to have a good wash True
Not True
7. Life is passing me by True
Not True
8. It takes a lot of effort for me to do simple tasks True
Not True
9. I dread the future True
Not True